

# Working Together

## in Bipolar Disorder

A qualitative study of the involvement of relatives in the mental healthcare team.

### Who are we?

We are a team of researchers from Lancaster University. We are conducting a research study to learn more about the barriers and facilitators to involving relatives in the mental healthcare team of people with bipolar disorder.

Do you have **Bipolar Disorder**?

Are you a **relative** of a person with bipolar disorder?

Are you a **health professional** working with people with bipolar disorder and their relatives?

If the answer to any of these questions is 'yes' then we would love to hear from you.

### What's involved?

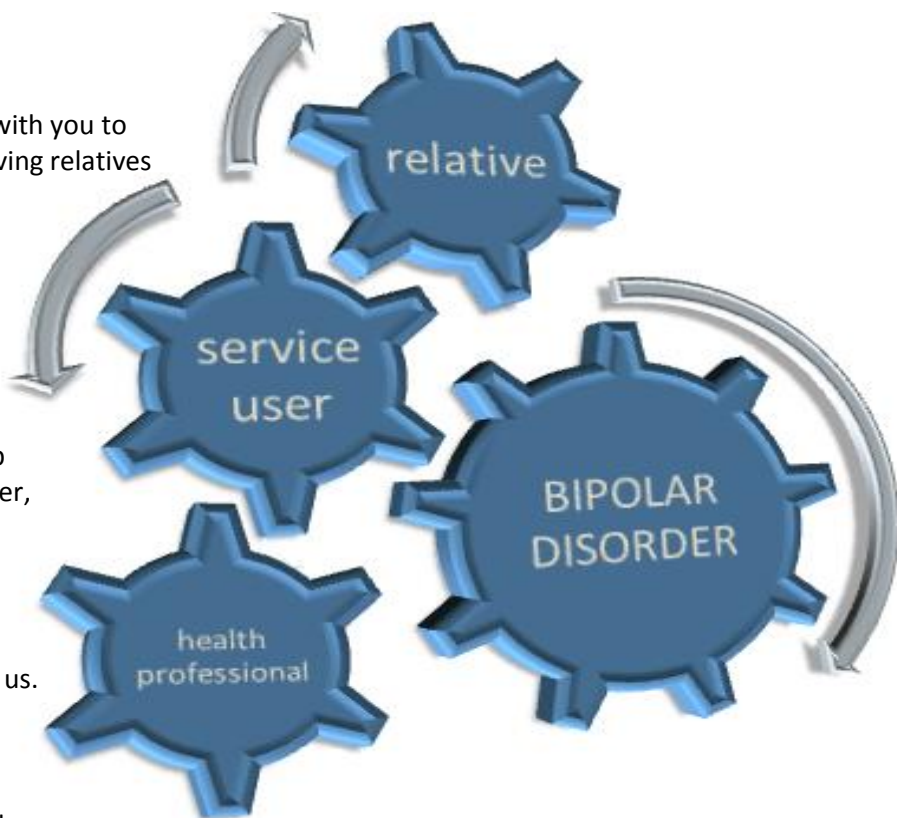
A researcher from our team will arrange to meet with you to ask you some questions about your views of involving relatives in the mental healthcare team.

### Benefits of participation

This study will give you the opportunity to reflect on your experiences of involving relatives in the mental healthcare team. By learning from your personal experience we plan to develop an intervention to help people with bipolar disorder, their relatives and their health professionals.

### What happens next?

If you are interested in taking part, please contact us. A member of the research team will then contact you by telephone to tell you more about the study and let you ask any questions. If you are eligible to take part we will arrange a time to meet with you to conduct the interview.



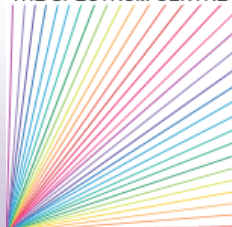
### Sharing knowledge

The findings from this research will be submitted for publication in appropriate academic journals. The findings will also be more widely disseminated at professional conferences and service user forums.

At no point will any of your personal information be identified. The findings of this research study will help us develop guidelines for collaborative working in bipolar disorder between service users, their relatives and their health professionals.

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THE SPECTRUM CENTRE



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For more information or to apply to join the study please contact:

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